



# The Colours of Life

Coaching - Energy Healing - Spiritual/Soul Therapies

## **Soul Genesis Reading:**

Have you ever wondered what your soul's purpose is?  
Have you ever noticed a theme has emerged as your life experiences have unfolded?  
Imagine the doors that would open for you if you knew.

### ***Soul Genesis™ is for you if:***

- You feel stuck and you are spinning your wheels
- You are at a crossroads in your life
- You feel there is something missing in your life
- Every day seems to be a struggle

### ***A Soul Genesis™ reading and clearing will:***

- Provide insight and clarity on current challenges.
- Offer peace and comfort amidst the chaos.
- Freedom to move forward without limitations.
- Validate or offer caution on your current path.
- Clears debilitating negative energy.
- Reveals the core essence of who you truly are.
- Be infused with a deeper confidence in your talents and abilities

### ***Akashic Records Reading and Clearing™***

- To discover more information about the nature of your Soul.
- To give you an overview of your Soul's Purpose for this lifetime
- To understand how you create your present-life circumstances through your choices and how these choices may be negatively affecting you today.
- To energetically clear the blocks and restrictions that prevents you from living your life's purpose.

## **A Brief Introduction**

While in spirit, before one is born, the soul's intentions for life on Earth are established. The soul's script outlines vital information about the type of relationships one will have with parents, romantic partners, children, and others. One's career path is planned, and



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life challenges are determined. During this formative stage, the soul is programmed with a karmic road map for life in this, and other incarnations. Unlocking the “soul map”, and determining the soul’s origination, leads to a deeper understanding of one’s personality, behaviour, and emotional patterns.

A Soul Genesis “**Akashic Records Reading and Clearing**” will access information about the soul’s formative stage **before** incarnating on Earth, and provides a holistic view of the client’s “core “ essence”. In addition, it explains the role of Devine timing in life’s events, as they relate to specific physical, emotional or spiritual conditions of the soul. A Soul Genesis reading will identify energetic forces creating blockages within the individual, and provide healing through prayer and clearing requests. The clearing enables the individual to move toward personal evolution of mind, body, and spirit. Ultimately, Soul Genesis connects the client to his/her core essence, identifies the soul blockages and limitations, and provides profound healing through individual clearing and prayer requests.

## What Are the Akashic Records?

The **Akashic Records** or “**The Book of Life**” contains the entire history of every soul since the dawn of Creation. It holds every action, word, feeling, thought, and intent that an individual has ever had. The Akashic Records are interactive in that they have a tremendous influence upon our everyday lives, our relationships, our feelings and belief systems, and the potential realities we create. The Akashic Records attempt to guide, educate, and transform every individual so they can access their divine gifts and truly live their life purpose.

## Akashic Records Reading and Clearing

A Soul Genesis “Akashic Records Reading and Clearing” can be accomplished on the phone, Skype or in person. The session is taped and takes approximately 1 hour depending on the questions you ask. A message from your Masters Teachers, Guides and Angels will be given with the clearing.



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## Soul Group Origination

Understanding a soul's origination gives you insight as to specific personality traits. People carry traits that stem from their original source of energy. It helps you understand the energies that influence us as spiritual beings. Understanding the soul's personality aids you in bridging the gap between the conscious mind and the soul mind. Some traits you will find, present challenges while other traits are seen as strengths. Given that you have free will and choice at first breath, you decide how you are going to work with both your strengths and weaknesses. There are souls originated here on earth and others have had experience and inhabited other planets thousands of years ago. It's all about putting the pieces of the puzzle together of who you really are.

## Training Your Soul Has Received From Archangel Realms

There is a wealth of information available to us about the Angels. They too are showing us that the collective consciousness also wishes to align with Spirit. We each have primary soul training in one or more Archangel Realms. This information adds a depth of understanding that along with the personality traits of the various soul groups sheds more light on our characteristics. It also explains how we interact with each other and how we go about our soul work for this lifetime. It is this Creator energy that helps us with our work as evolving beings.

## Shields

These are vibrations that extend around each of us. They keep our physical and subtle bodies in sacred space and repel negativity projected by others. In some cases, shields are not present due to a variety of reasons. This may result in the feeling of being vulnerable and unprotected. If required, shields will be replaced and/or repaired during the clearing.

## Spirit Guides

You will be introduced to your inner circle of spirit guides, how many there are and whether they are female and/or male energy. They give encouragement and advice in the highest good of all and assist you in 5 different areas of our life (e.g. health, career and finances, relationships). In some cases, specific guides may be absent in a particular area of your life and can be added. If there are any negative spirit guides



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present, these guides can be replaced with new positive guides that will help you on your soul's path.

## Second Half of Reading

The second half of the reading determines what is impacting you in the here and now that requires clearing. Entities, past and present are identified as well as negative thought forms within your energy field. Information is revealed that may explain blockages and limitations to your forward movement and in making changes in this process.

## The Clearing

Anything revealed in the reading that may be holding you back from manifesting what you truly want and desire in your life, will be cleared. It also removes any situation that compromises your free will and choice. When all is said and done, you are given a "clean slate".

## After the Clearing

Some people have a profound experience at a physical level encompassing a feeling of energy moving through their body, and visualizations. The experience is different for each individual, but at the very least you feel a sense of peace and calming. You decide what you want to do with your clean slate. This is your new reality and you can manifest your heart's desires.



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